nchp ‘Hypnosis for Fertility’: The easibirthing® method
Practitioners Certification Course Schedule

Day 1: Saturday 1st October at
MWB Meeting rooms, 83 Baker Street,
London W1U 6AG

9-9.30am  Registration

9.30-11.30  Introduction and Course objectives
Defining your role as a hypnotherapist
Fertility through the ages: A historical perspective

11.30-11.50  COFFEE/TEA (provided)

11.50-1pm  The role of belief and expectation
Understanding conception
Male and Female Reproductive systems

1-2pm  LUNCH
(not provided, but a number of choices close to the venue)

2-3pm  Hypnosis for natural conception

3-3.20  COFFEE/TEA (provided)

3.20-5pm  Infertility and the modern world
Physiological Fertility Problems
Modern fertility treatments
Application of hypnosis for physiological problems
DISCUSSION, QUESTIONS
Day 2: Sunday 2\textsuperscript{nd} October at
MWB Meeting rooms, 83 Baker Street,
London W1U 6AG

9-9.30 Questions and Review of Day 1

9.30-10.30am Mind-Body Links: The Fertile State

10.30-10.50am COFFEE/TEA (provided)

10.50-12.30 Unexplained fertility
Assisting male fertility
Emotional impact of infertility

12.30-1.30 LUNCH
(not provided, but a number of choices close to the venue)

1.30-3.30pm Managing Pressure/Reducing stress
Subconscious Blocks

3.30-3.50pm COFFEE/TEA (provided)

3.30-5pm Combat Negative thinking
Coping with permanent infertility

PLEASE NOTE: This schedule is designed as a rough guide only,
and times/order may be subject to change.