

**National College of Hypnosis and Psychotherapy
'Hypnosis for Fertility: easibirthing[®] method'
Specialist Certification courses**



Sharon Mustard is quite simply the leading authority on the use of hypnosis for birthing and fertility in the UK, BAR NONE! Her innovative programme is being used in both the NHS and private practice throughout the UK. She has developed a UK Centric Model for Hypnotic Birthing, Easibirthing[®] which in our opinion is simply the best method to be used for clients who want to add hypnosis to their birthing or conception experience.

Shaun Brookhouse, Chairman
National College of Hypnosis and Psychotherapy

Some comments and feedback from past students

Thank you so much Sharon for all your support and wise words. This has been one of the most interesting and enlightening training courses I have done - thank you so much.

Jean

I thoroughly enjoyed it and it was as informative as ever so thank you very much.

Donna

I just wanted to say thank you for a really fantastic training weekend. I found it totally fascinating and have sent off for my books so I can crack on with the assignment over the next couple of weeks.

Nikki

I want to thank you Sharon once again for an amazing course, I really enjoyed it and learned so much. It was very inspiring for me. With all this new gained knowledge I believe I will be able to help women and couples. I know I have found a new passion in my life.

Mira

Just a quick note to say how good it was to meet you last weekend and to say "thank you" for a really interesting and informative course. I'm hoping to make fertility issues a speciality of my work and intend to actively promote the male's role in the process.

Frank

Thank you once again for a truly 'eye opening' course over the weekend ~ I thoroughly enjoyed it!

Kim

Really loved the course. Sharon was a brilliant trainer, very motivating and inspiring. She instantly created a great rapport with the group, and provided a positive environment for sharing of ideas/experiences. Lovely manner and sense of humour!! Will definitely be doing more of Sharon's training courses.

Leonie

I enjoy Sharon's training style she is fun, light hearted but clear and knowledgeable. I would highly recommend this if you are thinking of adding a string to your bow. People even travelled from Bahrain to attend.

Sophie

The format and structure of the information in the handouts (including relevant scripts) is fantastic. It frees you up to listen and participate knowing that it is there or is referenced so you can look it up.

Louise

Thanks for a most informative couple of days, its given me lots to think about and plenty of ideas. It is also very valuable meeting up with other professionals and I think there have been many new links made between us.

Lesley

The course was very insightful and my initial reservations about hypno-fertility have also been lifted.

Thank you so much for the weekend - absolutely loved it.

Laura

It was all excellent. Thank you so much Sharon, your style of training is very clear, warm, engaging and inclusive. You are so well informed and knowledgeable, I knew I was being trained by an expert, and your passion for the subject has enthused me and I have returned from the course feeling very enriched by the experience and excited about implementing my learning. An immediate environment of trust, learning and sharing was created.

Sally

"I've spent an excellent day training with Sharon Mustard. Her fertility course is well worth the time and money. Roll on next April when I can become an easibirthing practitioner too!"

Paul

I must thank you for the wonderful course last week-end, I thought it would be good, but I think I got far more from it than I was expecting. I can honestly say it was the best training course I've taken so far in both content & presentation. I do hope I'll get the chance to train with you again in the future

William

Thank you for an excellent course. I am looking forward with more confidence to beginning to help Fertility

Christine



clients.

Top marks all round and thank you so much for a brilliant training weekend

Pat